



MEN'S OUTDOOR TRACK & FIELD 1998 Season Top Times

(FINAL)

100m dash

Joe Lampkin 5/3 10.91

200m dash

Joe Lampkin 5/15 22.20
Rob Weitzman 5/15 22.88

400m dash

Rob Weitzman 5/3 50.26
Chris Zuckerman 4/18 52.84
Linson Thomas 4/18 54.09
Andrew Gittleman 4/11 54.24
Steve Calijone 4/18 54.54

800m

John McDermott 5/15 1:54.44
Mike Henry 4/18 2:01.23
Mike Dugan 5/15 2:02.68
Terrence Gorman 4/18 2:03.56
Donovan 4/11 2:09.22

1500m

Mike Henry 4/18 4:03.72
Adam "Toby" Lynch 4/11 4:05.12
Jonathan Flood 4/18 4:17.25
Jonathan Williams 4/11 4:18.22
Dan Humins 4/11 4:19.25

3000m

5000m

Mike Henry 4/11 15:27.23
Juan Estrella 4/18 15:53.0
Jonathan Flood 5/3 16:09.91
Jonathan Williams 4/18 16:49.7

10,000m

Juan Estrella 5/2 32:32.30

110m HH

Barry Cantrell 5/15 14.23^
David Rosa 5/15 15.36

400m IntH

David Rosa 5/15 55.68

3,000m steeplechase

long jump

high jump

Barry Cantrell 4/18 7' 1" ^

triple jump

shot put

Rich Herr 3/28 42' 9"

discus

Rich Herr 4/11 113' 8"

javelin

hammer throw

pole vault

decathlon

4x100m relay

Barry Cantrell, Joe Lampkin,
Rob Weitzman, David Rosa 5/3 43.22^

4x200m relay

Barry Cantrell, Joe Lampkin,
Rob Weitzman, David Rosa 3/28 1:48.9

4x400m relay

Rob Weitzman, Joe Lampkin,
David Rosa, Barry Cantrell 5/3 3:21.92

4x800m relay

Adam "Toby" Lynch, John McDermott,
Dan Humins, Mike Henry 5/3 7:59.99

4x1600m relay

John McDermott, Adam "Toby" Lynch,
Mike Henry, Juan Estrella 3/28 18:25.9

SMR

Joe Lampkin, David Rosa,
Rob Weitzman, John McDermott 4/24 3:30.1

DMR

Adam "Toby" Lynch, Chris Zuckerman,
Dan Humins, Mike Henry 4/3 10:23.4

3/28 - Columbia Relays
4/3-4 - Colonial Relays
4/11 - King Games
4/18 - Red Storm Classic
4/23-25 - Penn Relays
5/2-3 - Atlantic 10 Championship
5/9 - Metropolitan Championship
5/15 - Twilite Classic
5/23-25 - IC4A Championship
6/3-6 - NCAA Championship

^ - IC4A qualifier