



MEN'S OUTDOOR TRACK & FIELD 1999 Season Top Times

(FINAL)

100m dash

Joe Lampkin 5/2 10.79^

200m dash

Joe Lampkin 5/2 22.08
Rob Weitzman 4/10 23.05
Ryan Daley 4/17 24.25
Andrew Gittleman 4/25 24.24
Charles Baserap 4/17 24.40

400m dash

Rob Weitzman 5/15 48.9
Joe Lampkin 3/27 51.4
Ryan Daley 3/27 53.3
Andrew Gittleman 4/10 54.03
Peter Byrne 4/10 55.39

800m

John McDermott 5/15 1:57.0
Adam "Toby" Lynch 5/15 1:57.4
Adam Donegan 5/15 1:57.7
Henock Assefa 5/7 1:57.91
Dan Humins 5/15 1:58.1

1500m

Adam "Toby" Lynch 5/2 3:59.01
John Thomas 5/7 4:07.5
Jonathan Scott 4/1 4:08.77
Dan Humins 5/7 4:08.8
Jonathan Flood 5/7 4:08.9

3000m

5000m

Adam "Toby" Lynch 4/10 15:29.76
Jonathan Flood 4/1 15:30.77
John Thomas 3/27 15:53.3
Carl DiSarno 4/10 15:59.47
Juan Estrella 3/27 16:01.2

10000m

Juan Estrella 4/1 32:14.6
John Thomas 5/1 33:27.67

110m HH

David Rosa 3/27 15.6

400m IntH

Matt McClellan 4/10 56.33
David Rosa 3/21 58.5
Keith Bushey 3/27 1:03.3

3,000m steeplechase

Jonathan Williams 4/10 10:53.25

long jump

high jump

triple jump

shot put

Mike Galkoski 5/2 52' 4 1/2" ^
Rich Herr 5/7 46' 4"

discus

Mike Galkoski 4/16 138' 1"
Rich Herr 3/27 103' 8 1/2"

javelin

hammer throw

Rich Herr 5/7 118' 6"

pole vault

Jon Pisiewski 5/7 12' 3/4"

decathlon

4x100m relay

4/10 44.14

4x200m relay

Joe Lampkin, Rob Weitzman,
Ryan Daley, Adam Donegan
4/1 1:29.86

4x400m relay

5/7 3:22.55

4x800m relay

5/7 7:44.71

4x1500m relay

Henock Assefa, Dan Humins,
Jonathan Scott, Jonathan Flood
4/1 17:00.53

SMR

Joe Lampkin, Adam Donegan,
Rob Weitzman, Adam "Toby" Lynch
4/13 3:32.4

DMR

John McDermott, Rob Weitzman,
Vincent Keaveny, Adam "Toby" Lynch
4/17 10:29.43

3/21 - Penn Invitational
3/27 - Rutgers Invitational
4/1-2 - Colonial Relays
4/10 - Columbia Open
4/16-17 - Metropolitan Championship
4/22-24 - Penn Relays
4/25 - Yale Invitational
5/1-2 - Atlantic 10 Championship
5/7-8 - Albany Spring Classic
5/15 - St. John's Last Chance
5/22-23 - IC4A Championship