

**FORDHAM****WOMEN'S SWIMMING & DIVING  
1995-96 Season Top Times**

(FINAL)

**50-yard freestyle**

Erin Cook	2/22	25.41
Lynn Mildenberger	2/22	25.65
Cheryl Mark	2/10	26.44
Tiffany Goode	2/22	26.46
Noreen Corcoran	2/22	27.35

**100-yard freestyle**

Erin Cook	2/24	56.21
Cheryl Mark	11/4	56.28
Lynn Mildenberger	1/29	56.91
Tiffany Goode	11/4	58.57
Janine Parisi	11/7	1:00.21

**200-yard freestyle**

Justine Fagerlund	2/23	1:59.58
Cheryl Mark	2/10	2:00.99
Mary Beth Wilk	1/31	2:05.08
Noreen Corcoran	2/23	2:07.45
Lauren Bedell	10/31	2:07.48

**500-yard freestyle**

Justine Fagerlund	2/22	5:10.82
Cheryl Mark	1/31	5:23.09
Elizabeth Lehre	10/31	5:31.96
Ann Golden	1/29	5:36.91
Noreen Corcoran	1/31	5:36.91

**1000-yard freestyle**

Justine Fagerlund	2/24	10:40.38*
Elizabeth Lehre	1/29	11:03.02
Ann Golden	11/7	11:33.80
Noreen Corcoran	11/4	12:03.73

**1650-yard freestyle**

Justine Fagerlund	2/24	17:45.99*
Ann Golden	2/24	19:22.67

**100-yard backstroke**

Lauren Bedell	12/1	1:02.94
Tiffany Goode	2/23	1:06.34
Janine Parisi	2/23	1:07.77
Noreen Corcoran	1/17	1:10.60
Eileen Kelly	2/23	1:10.60

**200-yard backstroke**

Lauren Bedell	11/4	2:13.16
Mary Beth Wilk	2/10	2:19.85
Erin Cook	1/23	2:21.18
Eileen Kelly	1/29	2:22.82
Janine Parisi	1/29	2:30.35

**100-yard breaststroke**

Mary Beth Wilk	2/23	1:10.10
Elizabeth Lehre	1/17	1:10.87
Lynn Mildenberger	2/23	1:15.78
Jill Culbert	2/23	1:17.92

**200-yard breaststroke**

Elizabeth Lehre	2/24	2:23.40*
Mary Beth Wilk	2/24	2:29.11
Justine Fagerlund	1/29	2:33.13
Jill Culbert	11/4	2:48.25

**100-yard butterfly**

Erin Cook	2/23	1:03.13
Ann Golden	1/17	1:06.50
Janine Parisi	2/10	1:08.13

**200-yard butterfly**

Elizabeth Lehre	1/29	2:17.11
Ann Golden	2/24	2:20.30
Erin Cook	11/7	2:25.69

**200-yard individual medley**

Elizabeth Lehre	2/22	2:11.21
Mary Beth Wilk	2/22	2:14.33
Cheryl Mark	1/29	2:20.41
Justine Fagerlund	2/10	2:22.94
Janine Parisi	2/22	2:26.09

**400-yard individual medley**

Elizabeth Lehre	2/23	4:38.64
Justine Fagerlund	2/23	4:48.36

**200-yard freestyle relay**

Erin Cook Lynn Mildenberger, Mary Beth Wilk, Cheryl Mark	2/22	1:41.55
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**400-yard freestyle relay**

Erin Cook, Lynn Mildenberger, Elizabeth Lehre, Cheryl Mark	2/24	3:42.45
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**800-yard freestyle relay**

Justine Fagerlund, Cheryl Mark, Mary Beth Wilk, Elizabeth Lehre	2/23	8:05.92
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**200-yard medley relay**

Erin Cook, Mary Beth Wilk, Elizabeth Lehre, Lynn Mildenberger	2/23	1:56.05
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**400-yard medley relay**

Lauren Bedell, Elizabeth Lehre, Erin Cook, Cheryl Mark	11/4	4:12.72
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**1-meter diving**

Mary Beth Graham	1/31	281.2
Mary Beth Wilk	11/4	129.45
Stacey Herling	10/31	120.90

**3-meter diving**

Mary Beth Graham	11/4	271.35
Stacey Herling	10/31	123.10
Mary Beth Graham	2/22	326.30

\* - school record

! - Atlantic 10 record

\$ - Atlantic 10 meet record

^ - NCAA "B" cut time

# - Zone Diving qualifier