

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University
Fairfax VA****Results - Saturday****Event 1 Women 100 M****A10: 11.44 2009 Lamarra Currie**

Name	Yr	School	Prelims
Preliminaries			
1 Ashley Lucas	SO	George Mason	12.14Q-0.1
2 Kia Carson	FR	VCU	12.15Q0.6
3 Brianna Robitaille	JR	Rhode Island	12.29Q-0.8
4 Nathaniela Bourdeau	FR	St. Joseph's	12.19q -0.1
5 Caela Williams	JR	George Mason	12.28q -0.1
6 Carina Peter	SR	VCU	12.36q -0.8
7 Jessica Ewing	SR	VCU	12.37q 0.6
8 Diamante Spencer	SO	UMass Amhers	12.49q -0.1
9 Ariel Mitchell	FR	La Salle	12.50 0.6
10 Shellyann Lindo	JR	Rhode Island	12.55 0.6
11 Mackenzie Bonk	SO	Saint Louis	12.58 -0.1
12 Jenea Adams	FR	Dayton	12.60 -0.8
13 Tatiyanna Sanders	SO	UMass Amhers	12.69 -0.8
14 Briana Hill	JR	George Mason	12.72 0.6
15 Maddie Bryan	JR	Saint Louis	12.77 -0.1
16 Melissa Beaupre	FR	UMass Amhers	12.89 -0.8
17 Britta Engstrom	JR	Saint Louis	12.99 -0.8
18 Conor Richardson	FR	Duquesne	13.10 0.6
19 Janiece Murray	FR	St. Joseph's	13.20 -0.1
20 Julia Wignot	SR	Duquesne	13.22 0.6

Event 2 Women 200 M**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 23.46 2009 Lamarra Currie**

Name	Yr	School	Prelims
Preliminaries			
1 Nathaniela Bourdeau	FR	St. Joseph's	24.55Q0.7
2 Kia Carson	FR	VCU	24.56Q0.8
3 Caela Williams	JR	George Mason	24.79Q1.0
4 Mary Allen	JR	Richmond	24.68q 0.7
5 Mariah Claudio	SR	Rhode Island	24.72q 0.8
6 Jessica Ewing	SR	VCU	24.75q 0.8
7 Ashley Lucas	SO	George Mason	24.82q 1.0
8 Verna Hilaire-Lee	SR	VCU	24.88q 1.0
9 Kelly Liebl	FR	St. Joseph's	25.26 0.8
10 Amber Jenkins	SO	La Salle	25.27 1.0
11 Diamante Spencer	SO	UMass Amhers	25.30 0.7
12 Brianna Robitaille	JR	Rhode Island	25.35 0.7
13 Carleisha Forteau	FR	Rhode Island	25.36 1.0
14 Jenea Adams	FR	Dayton	25.51 0.8
15 Kim Watterson	SR	Duquesne	25.65 1.0
16 Briana Hill	JR	George Mason	25.77 0.7
17 Laura Jaeger	SO	Fordham	26.29 0.8
18 Janiece Murray	FR	St. Joseph's	26.92 0.8
--- Hannah Rohde	JR	Saint Louis	DQ 0.7

Event 3 Women 400 M**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 52.80 2007 Shareese Woods**

Name	Yr	School	Prelims
Preliminaries			
1 Emilie Cowan	FR	UMass Amhers	54.13Q
2 Abby O'Connell	SR	Duquesne	54.70Q
3 Sharon Dorsey	SO	George Mason	54.87Q
4 Jade Gregory	SR	Richmond	54.95Q
5 Courtney Foster	JR	St. Joseph's	55.09q
6 Sarah Moore	FR	George Mason	55.19q
7 Mariah Claudio	SR	Rhode Island	55.66q
8 Latrice Morris	FR	VCU	56.36q
9 Mary Allen	JR	Richmond	56.85
10 Taylor Watkins	FR	VCU	57.13
11 Mikaila Amerantes	FR	Rhode Island	57.73
12 Marina White	JR	Saint Louis	57.86
13 Laura Schlueter	SR	Saint Louis	57.93
14 Alena Minitti	JR	St. Joseph's	58.23
15 Kim Watterson	SR	Duquesne	58.24
16 Amber Jenkins	SO	La Salle	58.35
17 Kelly Liebl	FR	St. Joseph's	58.45
18 Jackie Bynes	JR	Saint Louis	58.83
19 Tori Long	FR	Davidson	59.30
20 Natalie Sopchak	FR	Rhode Island	59.45
21 Marshea Robinson	FR	Richmond	59.54
22 Christina Perrier	SO	Fordham	59.76
23 Aidan Moroz	FR	Fordham	59.79
24 Kirsten Nottingham	JR	George Washi	1:01.04
--- Candice James	FR	VCU	DQ

Event 4 Women 800 M**A10: 2:07.28 2015 Heather MacLean**

Name	Yr	School	Prelims
Preliminaries			
1 Hannah Rieden	JR	Davidson	2:10.07Q
2 Nichelle Scott	SO	VCU	2:10.77Q
3 Annegret Nehl	SO	Duquesne	2:11.48Q
4 Elise Moore	JR	Saint Louis	2:12.04Q
5 Ashley Greenlee	FR	VCU	2:11.12q
6 Brigid Behrens	SR	Davidson	2:11.54q
7 Emma Kidd	JR	Saint Louis	2:12.11q
8 Elizabeth Stump	SR	VCU	2:12.42q
9 Hannah Gilliam	JR	Duquesne	2:12.73
10 Katherine Kelly	SO	Saint Louis	2:12.87
11 Katie McNulty	FR	Rhode Island	2:13.18
12 Ashlyn Gruber	SR	Davidson	2:13.49
13 Danielle Rowe	SR	Fordham	2:13.57
14 Sarah Regnault	JR	St. Joseph's	2:13.65
15 Mary Lavery	FR	UMass Amhers	2:13.78
15 Ifetayo Tyler	SO	La Salle	2:13.78
17 Sara Radzwilka	SR	St. Joseph's	2:13.82

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University
Fairfax VA****Results - Saturday****Preliminaries ... (Event 4 Women 800 M)**

Name	Yr	School	Prelims
18 Olivia Weir	FR	UMass Amhers	2:15.44
19 Stephanie Hughes	SO	Richmond	2:15.82
20 Nichole Barger	FR	Rhode Island	2:15.95
21 Sydney Coughlin	JR	St. Joseph's	2:17.25
22 Maggie Pryslak	JR	Dayton	2:18.71
23 Suzanne Abribat	SO	George Mason	2:18.96
24 Krista Webb	JR	UMass Amhers	2:20.48
25 Kate Conville	SR	La Salle	2:21.72
26 Erin Durnin	FR	Duquesne	2:22.27
27 Caitlin Kelly	FR	George Mason	2:22.38
28 Malone Gabor	SO	George Washi	2:22.86
29 Sara Dever	SO	La Salle	2:23.55
30 Leah Hickey	FR	Fordham	2:24.50
31 Merissa Wright	SO	Fordham	2:26.90

Event 6 Women 3000 M Steeplechase**A10: 10:04.20 2012 Nicole Traynor**

Name	Yr	School	Finals
Finals			
1 Valerie Palermo	JR	Duquesne	10:28.32
2 Colleen Sands	SO	UMass Amhers	10:36.62
3 Grace McDonald	SO	Dayton	10:43.13
4 Jennifer Nakamura	SR	George Mason	10:52.49
5 Kelly Bailey	SR	Richmond	10:59.74
6 Julia Jenkins	SO	St. Joseph's	10:59.80
7 Olivia Albers	SR	Dayton	11:00.10
8 Ariana North	JR	George Washi	11:04.37
9 Amber Hawkins	JR	George Mason	11:11.26
10 Brittany Fisher	SO	Dayton	11:18.03
11 Sarah Sears	SO	Davidson	11:19.51
12 Emma Nowak	JR	Richmond	11:47.04
13 Stephanie Leo	SO	Fordham	11:54.49
14 Laurel Fisher	FR	Fordham	12:01.73
--- Brianna Tevnan	SR	Fordham	DNF

Event 8 Women 10000 M**Athletes 1-18 on front row, fastest on front row****Double waterfall start****A10: 34:22.38 2015 Meghan McGlinchey**

Name	Yr	School	Finals
Finals			
1 Miranda DiBiaso	SO	George Washi	35:07.64
2 Caroline Yarbrough	FR	Davidson	35:45.70
3 Elise Marker	FR	Saint Louis	36:33.03
4 Autumn Greba	JR	Duquesne	36:49.21
5 Allison Cheeseman	SO	Davidson	37:05.28
6 Megan Connell	SO	La Salle	37:11.05
7 Courtney Pfanstiel	FR	Saint Louis	37:13.27
8 Hannah Scipio	SR	Duquesne	37:14.95
9 Tara Hanley	SR	Richmond	37:16.24
10 Carolyn Conley	FR	George Mason	37:51.00
11 Caroline Turner	JR	Davidson	37:59.86
12 Ave Grosenheider	FR	Richmond	38:24.10

13 Ellie Adams	SO	Saint Louis	38:35.86
14 Nicole Steinbicker	SO	Dayton	38:40.51
15 Allison Triskett	FR	Dayton	39:04.94
16 Maiya Larsen	FR	Fordham	39:09.05
17 Gracie Bailly	SO	UMass Amhers	39:35.55
18 June Chiango	JR	St. Joseph's	39:36.03
19 Emily Chaundy	SR	St. Joseph's	40:09.33
20 Brigid Prial	FR	George Washi	40:52.03

Event 9 Women 100 M Hurdles**A10: 13.40 2015 Shavon Briscoe**

Name	Yr	School	Prelims
Preliminaries			
1 Janel Conley	JR	Rhode Island	14.19Q-0.4
2 Jordan Hoffman	JR	Dayton	14.29Q0.1
3 Emily Renna	SR	Rhode Island	14.40q 0.1
4 Deonna Diggs	SO	George Mason	14.53q -0.4
5 Ann Harlos	FR	Saint Louis	14.55q -0.4
6 Victoria Soeder	SO	Duquesne	14.61q 0.1
7 Meghan Patroia	SR	UMass Amhers	14.74q 0.1
8 Karen Lobaton	SR	Rhode Island	14.94q -0.4
9 Brittany Green	JR	UMass Amhers	15.02 -0.4
10 Dijona Revell	FR	VCU	15.47 0.1
--- Mone't Gist	JR	La Salle	FS -0.4

Event 10 Women 400 M Hurdles**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 58.62 2013 Nicole Cherok**

Name	Yr	School	Prelims
Preliminaries			
1 Sommer Sharpe	SO	George Mason	1:01.33Q
2 Dannah Hayward	JR	St. Joseph's	1:01.59Q
3 Dyshelle Pemberton	JR	Rhode Island	1:01.66Q
4 Ann Harlos	FR	Saint Louis	1:02.80q
5 Ann Sheehy	FR	VCU	1:02.85q
6 Paige Yaeger	SR	Dayton	1:03.05q
7 Kylie McPherson	SO	Rhode Island	1:03.13q
8 Erika Coleman	SO	VCU	1:03.86q
9 Stephanie Toland	SO	St. Joseph's	1:03.95
10 Caroline Leung	FR	UMass Amhers	1:04.08
11 Kaitlyn Janusey	FR	Duquesne	1:04.33
12 Micaela McPadden	JR	Rhode Island	1:04.45
13 Morgan Menzzasalma	FR	Fordham	1:04.70
14 Rose O'Brien	SO	St. Joseph's	1:04.87
15 Ashanti Jackson	FR	VCU	1:04.92
16 Sydney Sokol	FR	Duquesne	1:05.70

Event 14 Women Pole Vault**Progression: 2.81-2.96-3.11-3.26-3.41-3.56-3.71-3.86-4.01-4.11****A10: 12-07.50 2011 Courtney Siebenaller**

Name	Yr	School	Finals
Finals			
1 Lindsay Horton	SR	George Mason	3.86m

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University
Fairfax VA****Results - Saturday****Finals ... (Event 14 Women Pole Vault)**

Name	Yr	School	Finals
2 Leah Frischmann	SO	Dayton	3.86m
3 Karleigh Manfredi	SR	Rhode Island	3.71m
4 Shelby Garnand	SO	George Mason	3.71m
5 Karlee Fowler	SO	Rhode Island	3.56m
6 Sarah Timko	JR	Richmond	3.41m
6 Sarah Bierly	SR	UMass Amhers	3.41m
8 Kayla Rorke	FR	UMass Amhers	3.41m
9 Amber Sekoll	JR	Rhode Island	3.41m
10 Ashley Hinton	JR	George Mason	3.41m
11 Kelsey Barnes	FR	UMass Amhers	3.26m
11 Stephanie Uhrich	SR	Saint Louis	3.26m
13 Megan Comstock	SO	Davidson	2.96m

Event 15 Women Long Jump**Top 9 Marks to Final**

A10:	20-07	2009	Pat Springs	
Name	Yr	School	Finals	
Finals				
1 Carina Peter	SR	VCU	5.84m	+0.0
2 Wahneta Carty	SR	George Mason	5.78m	+0.0
3 Janel Francis	SR	Richmond	5.68m	+0.0
4 Janel Conley	JR	Rhode Island	5.58m	+0.0
5 Victoria Soeder	SO	Duquesne	5.56m	+0.0
6 Tatiyanna Sanders	SO	UMass Amhers	5.51m	+0.0
7 Amber Jackson	JR	La Salle	5.39m	-1.3
8 Alliyah Stevens	FR	VCU	5.37m	+0.0
9 Julia Wignot	SR	Duquesne	5.23m	+0.0
10 Nhautrey Brown	JR	George Mason	5.17m	+0.0
11 Kaleah Miller	FR	La Salle	5.17m	+0.0
12 Shannon Taub	FR	Duquesne	5.11m	-0.4
13 Briana Hill	JR	George Mason	5.09m	+0.0
14 Claudine Andre	SO	St. Joseph's	5.01m	+0.0
--- Meghan Patroliia	SR	UMass Amhers	FOUL	

Event 19 Women Hammer**Top 9 Marks to Final**

A10:	203-00	2009	Jasmine Jennings	
Name	Yr	School	Finals	
Finals				
1 Jenni Rossi	SO	Dayton	54.45m	
2 Emily Muniz	SR	George Mason	51.08m	
3 Sonya Napariu	JR	Dayton	49.48m	
4 Jada Roberts	SR	VCU	47.92m	
5 Aysha Moreino	SR	Rhode Island	46.27m	
6 Kelsey Crawford	JR	UMass Amhers	45.85m	
7 Maggie Dufault	JR	Rhode Island	45.77m	
8 Jasmine Jefko	SO	Saint Louis	45.21m	
9 Margaret Riseborough	JR	UMass Amhers	45.03m	
10 Manuela Vadis	JR	Rhode Island	43.29m	
11 Kamaria Gage	SO	Saint Louis	42.51m	
12 Alyse DePaola	SR	Duquesne	42.36m	
13 Mariah Collins	JR	UMass Amhers	41.16m	
14 Sophia Fustos	SO	Duquesne	38.62m	

15 Julianne Gentry	SR	VCU	38.18m
16 Rachel Forder	FR	George Mason	38.12m
17 Kendra West	FR	George Mason	36.83m
18 Denise O'Rourke	SO	VCU	34.15m
--- Alyssa Ramstetter	FR	Dayton	FOUL

Event 20 Women Javelin**Top 9 Marks to Final**

A10:	153-04	2005	Lindsey Smith	
Name	Yr	School	Finals	
Finals				
1 Julia Franzosa	SR	Duquesne	45.79m	
2 Kelsey Crawford	JR	UMass Amhers	44.50m	
3 Bridget Deveau	SO	UMass Amhers	41.43m	
4 Emma Robinson	SR	UMass Amhers	41.17m	
5 Shelby Garnand	SO	George Mason	40.74m	
6 Leah Wolf	FR	Rhode Island	38.24m	
7 Jenna Anderson	SO	VCU	38.13m	
8 Jessica Birdsong	FR	Dayton	38.12m	
9 Briana Ratchford	JR	VCU	37.60m	
10 Elizabeth Michalenko	FR	Dayton	33.40m	
11 Aysha Moreino	SR	Rhode Island	33.19m	
12 Alyse DePaola	SR	Duquesne	33.12m	
13 Isabel Guide	FR	George Mason	33.06m	
14 Emily Muniz	SR	George Mason	31.52m	
15 Hannah Madison	JR	Rhode Island	29.59m	

Event 21 Men 100 M

A10:	10.24	1999	Andre Davis	
Name	Yr	School	Prelims	
Preliminaries				
1 Ayodeji Raymond	JR	George Mason	10.56Q0.6	
2 Nigel Hill	SO	Rhode Island	10.71Q0.6	
3 Jamik Alexander	FR	VCU	10.72Q-0.2	
4 Bernard Freeman	JR	George Mason	10.67q0.6	
5 Justin Guerre	SO	La Salle	10.82q-0.2	
6 Joseph Carter	FR	Rhode Island	10.84q0.6	
7 Kareem Payne	SO	VCU	10.91q0.6	
8 DeAngelo Berry	JR	Rhode Island	10.94q-0.2	
9 David Stone	JR	George Mason	10.95 0.6	
10 Jordan Allen	FR	Fordham	10.96 0.6	
11 Joe Borsuk	SR	Duquesne	10.97 0.6	
12 Andy Isabella	FR	UMass Amhers	11.00 0.6	
13 Jonathant Istache	FR	Duquesne	11.14 -0.2	
14 Connor Williams	FR	UMass Amhers	11.15 -0.2	
15 Justin West	FR	VCU	11.20 -0.2	
16 Nehari Crawford	FR	Duquesne	11.22 0.6	
17 Jonathan Goodwin	SR	Saint Louis	11.27 0.6	
18 Kalib Hawkins-Crump	JR	St. Joseph's	11.31 0.6	
19 Kevin Barry	JR	St. Joseph's	11.31 0.6	

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University
Fairfax VA****Results - Saturday****Event 22 Men 200 M****Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 20.67 2013 Anthony Bynum**

Name	Yr	School	Prelims
Preliminaries			
1 Alec Peabody	SR	St. Joseph's	21.33Q0.8
2 Bernard Freeman	JR	George Mason	21.45Q0.2
3 Jordan Allen	FR	Fordham	21.51Q0.3
4 Jamik Alexander	FR	VCU	21.54q 0.8
5 Junias Agyei	FR	George Mason	21.68q 0.3
6 Justin Guerre	SO	La Salle	21.69q 0.3
7 Joe Borsuk	SR	Duquesne	21.74q 0.2
8 Jacob Hostetler	SO	Davidson	21.79q 0.2
9 David Henderson	SO	St. Joseph's	21.93 0.2
10 Kareem Payne	SO	VCU	22.11 0.3
11 Mike Bryk	SR	Duquesne	22.21 0.8
12 Justin West	FR	VCU	22.23 0.8
13 DaQuan Smalls	SR	George Mason	22.48 0.8
14 Kevin Barry	JR	St. Joseph's	22.51 0.2
15 Corey Adelson	JR	UMass Amhers	22.54 0.3
16 De'Von McGriff	FR	Rhode Island	22.57 0.2
17 Joe Verghese	SO	George Washi	24.31 0.3
18 Joseph Carter	FR	Rhode Island	24.87 0.2
--- Nigel Hill	SO	Rhode Island	DNF 0.8

Event 23 Men 400 M**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 46.14 2011 Darius Law**

Name	Yr	School	Prelims
Preliminaries			
1 Alec Peabody	SR	St. Joseph's	46.65Q
2 Rico Gomez	FR	George Mason	47.83Q
3 Evander Pierre	FR	George Mason	47.84Q
4 Kebba Nasso	SR	Rhode Island	48.16Q
5 Robert Banks	SR	St. Joseph's	48.02q
6 Jacob Hostetler	SO	Davidson	48.15q
7 Mohamed Cisse	JR	Duquesne	48.34q
8 Xavier King Jr	SO	George Mason	48.47q
9 Nathan Williams	FR	VCU	48.52
10 David O'Such	SO	Duquesne	48.72
11 Marlon Montague	SO	Rhode Island	48.85
12 Will Moore	FR	Saint Louis	48.87
13 Griffin McCurren	JR	Saint Louis	48.92
14 Kahlil Shepard	SO	VCU	49.05
15 Jared Gray	JR	Rhode Island	49.24
16 Eddison Gulama	JR	St. Joseph's	49.49
17 Josh Freivogel	SO	Saint Louis	49.59
18 Jared Benn	FR	Fordham	49.81
19 Mike Bryk	SR	Duquesne	50.09
20 Dean Jenssen	FR	UMass Amhers	52.30
21 Joe Verghese	SO	George Washi	54.63
--- Nicholas Buckingham	SO	VCU	FS

Event 24 Men 800 M**A10: 1:49.34 2002 Andy Craycraft**

Name	Yr	School	Prelims
Preliminaries			
1 Chris Sanders	JR	La Salle	1:50.70Q
2 Nicholas Smart	SO	La Salle	1:50.93Q
3 Wes Schoenthal	FR	Saint Louis	1:51.13Q
4 Ben DeVenezia	FR	La Salle	1:51.95Q
5 Steve Thompson	SO	St. Joseph's	1:51.14q
6 Louis Santelli	SO	Fordham	1:51.39q
7 Zach Campo	SR	Rhode Island	1:51.65q
8 Dylan Eddinger	FR	St. Joseph's	1:51.86q
9 Nathan Schulte	SO	George Mason	1:51.97
10 Patrick Rollo	SR	Davidson	1:52.58
11 Mike MacLean	SR	Rhode Island	1:52.82
12 Blaine Lacey	FR	George Mason	1:53.11
13 Tannock Blair	FR	Saint Louis	1:53.54
14 Calvin Wood	JR	VCU	1:53.68
15 Brian Gendron	SO	UMass Amhers	1:53.74
16 Alex Finestone	JR	UMass Amhers	1:54.10
17 Albert Marban	SR	Saint Louis	1:54.15
18 Bryan Culley	JR	Duquesne	1:54.22
19 Jack Magee	JR	St. Joseph's	1:54.56
20 Kobe Robinson	FR	George Mason	1:55.08
21 Victory Harrison	FR	VCU	1:55.65
22 Joe O'Such	SR	Duquesne	1:55.69
23 Michael Campbell	SO	Fordham	1:56.51
24 Carl Sturges	JR	Duquesne	1:56.57
25 Alexander McGrainer	JR	Rhode Island	1:57.24
26 Sawyer Bilton	FR	George Washi	1:57.62
27 Robert Craven	SR	George Washi	1:58.41
28 Francis Corson	JR	Davidson	1:58.49
29 Patrick Dineen	FR	Fordham	1:59.59

Event 26 Men 3000 M Steeplechase**A10: 8:27.23 2011 Travis Mahoney**

Name	Yr	School	Finals
Finals			
1 Jonathan Anelli	SR	Fordham	9:01.62
2 Brian Cook	SO	Fordham	9:03.72
3 Paolo Tavares	JR	UMass Amhers	9:08.11
4 Dino Andrade	JR	Duquesne	9:16.59
5 Quinn Davis	SR	St. Joseph's	9:16.67
6 Paul Adam	FR	George Mason	9:19.91
7 Lance Mueller	FR	Saint Louis	9:23.90
8 Trent Lancaster	FR	George Mason	9:31.89
9 Jay McMahon	SO	UMass Amhers	9:37.03
10 Eric Waterman	FR	UMass Amhers	9:38.56
11 Jordan Pantalone	JR	George Washi	9:42.58
12 Will Jones	FR	Davidson	9:43.42
13 Aaron Forburger	SR	Davidson	9:45.47
14 Dustin Jutras	FR	George Mason	9:45.49
15 Will Sponaugle	FR	St. Joseph's	9:45.79

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University
Fairfax VA****Results - Saturday****Finals ... (Event 26 Men 3000 M Steeplechase)**

Name	Yr	School	Finals
16 John Podles	FR	St. Joseph's	9:47.58
17 Sam Hush	SR	VCU	9:47.60
18 Luke Schott	SO	Duquesne	9:57.79
19 Nick LeFavor	SO	La Salle	9:59.13

Event 28 Men 10000 M**Athletes 1-18 on front row, fastest on front row****Double waterfall start****A10: 29:33.29 2015 Jim Spisak**

Name	Yr	School	Finals
Finals			
1 Will Brewster	JR	Davidson	30:22.80
2 Grayson Morgan	FR	George Mason	30:29.35
3 Daniel Samet	SR	Davidson	30:33.08
4 Manuel de Backer	FR	Saint Louis	30:36.40
5 Blake Croteau	JR	UMass Amhers	30:37.29
6 Neal Fitzpatrick	JR	Saint Louis	30:40.57
7 Ian Barnhill	SR	La Salle	30:40.91
8 Nick Libbi	SR	La Salle	30:55.73
9 Daniel Sheldon	SR	UMass Amhers	30:59.00
10 Aaron Wilkinson	JR	Duquesne	31:04.29
11 Matt Prest	FR	Saint Louis	31:22.07
12 Dylan Carmack	FR	Davidson	31:33.36
13 Josef DiPietrantonio	JR	Duquesne	31:36.22
14 Adam LaFemina	JR	George Mason	31:38.13
15 Hunter Wharrey	FR	Duquesne	31:52.51
16 Samuel Conway	JR	UMass Amhers	31:58.08
17 Jimmy Daniels	JR	St. Joseph's	32:07.80
18 Michael Cassidy	JR	St. Joseph's	32:24.98
19 Jake Duckworth	JR	Fordham	33:02.91
20 Brendan Bilotta	SO	St. Joseph's	34:08.71
--- Bradley Heuer	SO	La Salle	DNF

Event 29 Men 110 M Hurdles**A10: 13.88 2004 Colin Aina**

Name	Yr	School	Prelims
Preliminaries			
1 Xavier Waller	SR	VCU	14.60Q0.2
2 John Stallworth	SO	Rhode Island	14.64Q-0.6
3 Kyle Martin	SR	VCU	14.62q 0.2
4 Adam Franklin	FR	Rhode Island	14.65q 0.2
5 Kornelius Klah	FR	George Mason	14.70q -0.6
6 Kyle Trinch	JR	Duquesne	15.23q -0.6
7 Charles Rappe	SR	Davidson	15.25q 0.2
8 Sean Caveney	FR	Davidson	15.48q -0.6
9 Jake DeGrace	FR	UMass Amhers	15.62 0.2
10 Abdul-Lateef Orulebaja	SO	Rhode Island	16.27 -0.6

Event 30 Men 400 M Hurdles**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 51.47 2000 Kevin Walker**

Name	Yr	School	Prelims
Preliminaries			
1 Torey Doaty	JR	St. Joseph's	52.43Q
2 Kyle Trinch	JR	Duquesne	52.78Q
3 Angel Coburn	SR	George Mason	53.62Q
4 Adam Franklin	FR	Rhode Island	52.92q
5 Kornelius Klah	FR	George Mason	54.02q
6 Jordan May	JR	George Mason	54.07q
7 Charles Rappe	SR	Davidson	54.17q
8 Frank Dallago	SR	Duquesne	54.51q
9 John Stallworth	SO	Rhode Island	54.73
10 Zachary Grube	SR	UMass Amhers	54.93
11 Zayd Abdul-Ali	FR	VCU	55.47
12 Anthony McQueen	JR	Rhode Island	55.61
13 Sean Caveney	FR	Davidson	55.86
14 Preston Hogue	FR	Duquesne	56.34
15 Kyle Martin	SR	VCU	56.63
16 Michael Hagan	SO	La Salle	58.39
17 Nick Della Vecchia	JR	La Salle	58.67
18 Jake DeGrace	FR	UMass Amhers	1:01.36

Event 34 Men Pole Vault**Progression:4.10-4.25-4.40-4.55-4.70-4.85-4.96-5.07-5.18****A10: 17-10.50 2000 Brian Hunter**

Name	Yr	School	Finals
Finals			
1 Ondrej Honka	SO	Rhode Island	5.05m
2 John Chuma	SO	UMass Amhers	4.70m
3 Logan Besougloff	JR	George Mason	4.70m
4 Robert Yu	JR	George Mason	4.55m
5 Ryan Wilkes	FR	Rhode Island	4.55m
6 Kristopher Horn	JR	UMass Amhers	4.40m
7 Trip Chewning	JR	George Mason	4.40m
8 William Thibault	JR	Rhode Island	4.40m
9 Ryan Riviere	SO	Fordham	4.25m

Event 35 Men Long Jump**Top 9 Marks to Final****A10: 25-02.75 2010 Tim Boeni**

Name	Yr	School	Finals
Finals			
1 Raeshawn Bishop	SO	George Mason	7.37m +0.0
2 Casey Burley	SO	Rhode Island	7.33m 1.7
3 Junias Agyei	FR	George Mason	7.13m +0.0
4 Tor Dworshak	SR	Rhode Island	7.01m +0.0
5 Ryan Rei	SR	Rhode Island	7.00m +0.0
6 Xzavier Killings	SR	Davidson	6.99m +0.0
7 Kenneth Worthington	SO	La Salle	6.88m 1.3
8 Deion Arneaud	JR	UMass Amhers	6.80m +0.0
9 Zakiyy Williams	FR	La Salle	6.62m +0.0

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University
Fairfax VA****Results - Saturday****Finals ... (Event 35 Men Long Jump)**

Name	Yr	School	Finals
10 Nehari Crawford	FR	Duquesne	6.55m +0.0
11 Jared Horne	JR	Duquesne	6.48m +0.0
12 Jude Pierre	FR	UMass Amhers	6.48m +0.0
13 Devin Bethea	FR	VCU	6.43m +0.0
14 Warren Charleston	FR	UMass Amhers	6.24m +0.0
15 Racheed Davis	JR	VCU	6.18m +0.0
--- Justin Little	SR	George Mason	FOUL

Event 39 Men Hammer**Top 9 Marks to Final**

A10: 221-11	1999	Erick Kingston	
Name	Yr	School	Finals
Finals			
1 Mahlik Handley	JR	Rhode Island	60.75m
2 Joseph Mattson	FR	Rhode Island	52.02m
3 Andrew Hines	FR	VCU	49.26m
4 Pat Hodge	SO	George Mason	45.86m
5 Jared Lewis	SO	George Mason	44.36m
6 Connor Stelljes	FR	Saint Louis	44.29m
7 Garrett Friendly	FR	George Mason	43.62m
8 Ben Melton	JR	VCU	43.05m
9 Evan Burton	SO	UMass Amhers	42.31m
10 Brett Kowalczyk	FR	Saint Louis	42.00m
11 Brett Davies	JR	UMass Amhers	39.95m
12 Darrik Muroski	SO	Rhode Island	38.22m

Event 40 Men Javelin**Top 9 Marks to Final**

A10: 229-07	1999	Vic Morency	
Name	Yr	School	Finals
Finals			
1 Nick Danner	JR	Rhode Island	60.79m
2 Drew Hess	FR	VCU	59.69m
3 Shawn Scornaienchi	SO	VCU	58.69m
4 Jacob Moran	JR	Rhode Island	55.90m
5 Nicholas Regan	JR	Fordham	55.67m
6 John Pangborn	SR	Rhode Island	54.88m
7 Ryan Williams	JR	George Mason	54.68m
8 Kristopher Horn	JR	UMass Amhers	52.09m
9 Jonathan Collins	FR	UMass Amhers	46.86m

Event 41 Heptathlon: #1 Women 100 M Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Keiko Hector	SR	Rhode Island	14.64 890
2 Sarah Sepanski	SO	Dayton	14.83 864
3 Michelle Savoie	SR	Rhode Island	14.96 847
4 Bridget Deveau	SO	UMass Amhers	15.13 825
5 Alliyah Stevens	FR	VCU	15.21 814
6 Hannah Madison	JR	Rhode Island	15.24 810
7 Gabriella Benninger	SO	Duquesne	15.32 800
8 LeClare Beres	FR	VCU	15.69 753
9 Charlotte Robison	FR	UMass Amhers	15.92 724

10 Adria Butler	SO	Dayton	16.12 700
11 Sakia Konin	FR	VCU	16.38 668
12 Julia Witt	SO	UMass Amhers	16.46 659
13 Lynne Eisenberg	JR	George Mason	16.86 612

Event 41 Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Keiko Hector	SR	Rhode Island	1.69m 842
2 Bridget Deveau	SO	UMass Amhers	1.60m 736
2 Hannah Madison	JR	Rhode Island	1.60m 736
4 Julia Witt	SO	UMass Amhers	1.57m 701
5 Gabriella Benninger	SO	Duquesne	1.54m 666
5 Alliyah Stevens	FR	VCU	1.54m 666
7 Adria Butler	SO	Dayton	1.48m 599
7 Charlotte Robison	FR	UMass Amhers	1.48m 599
9 Michelle Savoie	SR	Rhode Island	1.45m 566
10 Lynne Eisenberg	JR	George Mason	1.42m 534
11 Sarah Sepanski	SO	Dayton	1.39m 502
11 Sakia Konin	FR	VCU	1.39m 502
13 LeClare Beres	FR	VCU	1.30m 409

Event 41 Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Sarah Sepanski	SO	Dayton	12.50m 694
2 Adria Butler	SO	Dayton	11.40m 621
3 Bridget Deveau	SO	UMass Amhers	11.27m 613
4 Keiko Hector	SR	Rhode Island	10.53m 564
5 Gabriella Benninger	SO	Duquesne	9.44m 493
6 LeClare Beres	FR	VCU	9.18m 476
6 Michelle Savoie	SR	Rhode Island	9.18m 476
8 Hannah Madison	JR	Rhode Island	9.16m 475
9 Julia Witt	SO	UMass Amhers	8.88m 456
10 Charlotte Robison	FR	UMass Amhers	8.80m 451
11 Alliyah Stevens	FR	VCU	8.66m 442
12 Lynne Eisenberg	JR	George Mason	8.58m 437
13 Sakia Konin	FR	VCU	8.45m 428

Event 41 Heptathlon: #4 Women 200 M Heptathlon

Name	Yr	School	Finals
Finals			
1 LeClare Beres	FR	VCU	25.26 863
2 Sarah Sepanski	SO	Dayton	25.42 849
3 Michelle Savoie	SR	Rhode Island	26.01 796
4 Keiko Hector	SR	Rhode Island	26.03 795
5 Hannah Madison	JR	Rhode Island	26.62 744
6 Bridget Deveau	SO	UMass Amhers	26.75 733
7 Charlotte Robison	FR	UMass Amhers	26.99 713
8 Sakia Konin	FR	VCU	27.13 701
9 Gabriella Benninger	SO	Duquesne	27.22 694
10 Julia Witt	SO	UMass Amhers	27.39 680
11 Alliyah Stevens	FR	VCU	27.47 673
12 Adria Butler	SO	Dayton	27.79 647
13 Lynne Eisenberg	JR	George Mason	27.93 636

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results - Saturday****Event 42 Decathlon: #1 Men 100 M Decathlon**

Name	Yr	School	Finals
Finals			
1 John Seals	SO	George Mason	11.03 854
2 Jacob Moran	JR	Rhode Island	11.29 797
3 Kristopher Horn	JR	UMass Amhers	11.34 786
4 Jaryn Blackshear-Bryant	FR	Saint Louis	11.41 771
5 Jonathan Collins	FR	UMass Amhers	11.44 765
6 Nicholas Ingham	SR	UMass Amhers	11.59 734
7 Trip Chewning	JR	George Mason	11.60 732
8 John Pangborn	SR	Rhode Island	11.62 728
9 Alec Johnson	FR	George Mason	11.82 687

Event 42 Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals
Finals			
1 John Seals	SO	George Mason	6.95m 802
2 Jacob Moran	JR	Rhode Island	6.79m 764
3 John Pangborn	SR	Rhode Island	6.46m 688
4 Jonathan Collins	FR	UMass Amhers	6.42m 679
5 Kristopher Horn	JR	UMass Amhers	6.38m 670
6 Jaryn Blackshear-Bryant	FR	Saint Louis	6.22m 635
7 Nicholas Ingham	SR	UMass Amhers	6.00m 587
8 Trip Chewning	JR	George Mason	5.72m 527
9 Alec Johnson	FR	George Mason	5.53m 487

Event 42 Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
Finals			
1 Kristopher Horn	JR	UMass Amhers	14.47m 757
2 Nicholas Ingham	SR	UMass Amhers	12.18m 617
3 Jacob Moran	JR	Rhode Island	11.98m 605
4 Jonathan Collins	FR	UMass Amhers	11.94m 603
5 John Pangborn	SR	Rhode Island	10.99m 545
5 John Seals	SO	George Mason	10.99m 545
7 Jaryn Blackshear-Bryant	FR	Saint Louis	10.65m 525
8 Trip Chewning	JR	George Mason	9.75m 471
9 Alec Johnson	FR	George Mason	9.51m 456

Event 42 Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Kristopher Horn	JR	UMass Amhers	2.10m 896
2 John Seals	SO	George Mason	2.07m 868
3 John Pangborn	SR	Rhode Island	1.98m 785
3 Nicholas Ingham	SR	UMass Amhers	1.98m 785
5 Jonathan Collins	FR	UMass Amhers	1.83m 653
6 Jaryn Blackshear-Bryant	FR	Saint Louis	1.77m 602
6 Jacob Moran	JR	Rhode Island	1.77m 602
8 Trip Chewning	JR	George Mason	1.59m 457
9 Alec Johnson	FR	George Mason	1.50m 389

Event 42 Decathlon: #5 Men 400 M Decathlon

Name	Yr	School	Finals
Finals			
1 John Seals	SO	George Mason	50.25 803
2 Jonathan Collins	FR	UMass Amhers	50.99 770
3 Kristopher Horn	JR	UMass Amhers	51.27 757
4 Jaryn Blackshear-Bryant	FR	Saint Louis	52.73 693
5 Nicholas Ingham	SR	UMass Amhers	52.97 683
6 Trip Chewning	JR	George Mason	53.31 668
7 Jacob Moran	JR	Rhode Island	54.76 608
8 John Pangborn	SR	Rhode Island	55.07 596
9 Alec Johnson	FR	George Mason	55.10 595

Women - Team Rankings - 6 Events Scored

1) George Mason	40
2) UMass Amherst	36.5
3) Dayton	33
4) Duquesne	30
5) Rhode Island	24
6) VCU	18
7) Richmond	12.5
8) Davidson	12
9) George Washington	11
10) Saint Louis	9
11) La Salle	5
12) St. Joseph's (Pa.)	3

Men - Team Rankings - 6 Events Scored

1) Rhode Island	68
2) George Mason	54
3) UMass Amherst	23
4) Fordham	22
5) VCU	21
6) Davidson	19
7) Saint Louis	13
8) Duquesne	5
8) La Salle	5
10) St. Joseph's (Pa.)	4