



MEN'S INDOOR TRACK & FIELD 1996-97 Season Top Times

(FINAL)

55m

Joe Lampkin	1/18	6.67
James Carroll	1/11	7.16
Rich Herr	1/4	8.1
Mike Galkoski	1/4	8.8

60m

200m

Pius Aghadiuno	1/4	22.4
Joe Ward	1/4	22.8
Joe Lampkin	1/18	23.21
David Carreiras	12/28	27.4

400m

Pius Aghadiuno	2/15	50.10
Barry Cantrell	1/25	51.05
Joe Ward	1/4	51.3
Rob Weitzman	1/11	52.24
David Carreiras	1/4	1:02.2

500m

Adam Donegan	1/4	1:06.6
Rob Weitzman	2/8	1:06.87
Pius Aghadiuno	2/8	1:06.96
John McDermott	2/8	1:07.9
Chris Zuckerman	1/18	1:12.36

800m

Adam "Toby" Lynch	1/4	1:56.7
John McDermott	2/15	1:57.69
Steve Maheu	2/8	1:59.1
Rob Weitzman	1/4	2:00.6
Adam Donegan	1/11	2:01.15

1000m

Steve Maheu	2/15	2:33.78
John McDermott	1/4	2:35.0
Adam "Toby" Lynch	2/8	2:35.6

mile

Adam "Toby" Lynch	2/15	4:16.03
Steve Maheu	1/4	4:26.5
Matt DiPretore	2/8	4:30.9
Mike Henry	1/25	4:33.06
Matt DiPretore	1/18	4:47.1

3000m

Juan Estrella	2/15	9:08.17
Matt DiPretore	1/4	9:17.4
Mike Henry	1/11	9:20.22

5000m

Mike Henry	1/25	15:46.74
Matt DiPretore	2/2	16:00.93
Juan Estrella	1/18	16:33.76

55m High Hurdles

Barry Cantrell	1/18	7.69
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60m High Hurdles

High jump

Barry Cantrell	1/11	6' 11"
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Long jump

Triple jump

Pole Vault

Shot put

Mike Galkoski	2/8	46' 2 1/2"
Rich Herr	2/15	44' 8 3/4"

Weight Throw

Pentathlon

Barry Cantrell	1/4	3,716 pts.*^
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Heptathlon

4x400m relay

Pius Aghadiuno, Joe Lampkin, Rob Weitzman, Joe Ward	2/15	3:21.29
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4x800m relay

Adam "Toby" Lynch, Adam Donegan, Steve Maheu, John McDermott	2/15	7:52.34
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DMR

Steve Maheu, John McDermott, Adam Donegan, Adam "Toby" Lynch	2/2	10:13.95^
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12/6 - MAC Meet I
12/13 - MAC Meet II
12/28 - MAC New Year's Invitational
1/4 - Rutgers Invitational
1/11 - New Balance Games
1/18 - Cornell Tri-Meet
1/25 - Terrier Classic
2/2 - Metropolitan Championship
2/8 - URI Quad Meet
2/15 - Atlantic 10 Championship

* - school record

^ - IC4A Qualifier