

**1996 FORDHAM UNIVERSITY
MEN'S CROSS COUNTRY TIMES LIST**

TOP FIVE TIMES (5 Mile/8K)

Athlete	Date	Meet	Time
Steven Maheu	11/2	A-10s	26:58.1
Adam (Toby) Lynch	9/21	Fiasco	26:59
Juan Estrella	9/14	Ram Inv.	27:05
Matt DiPretore	9/14	Ram Inv.	27:13
Mike Henry	11/2	A-10s	27:27.8

INDIVIDUAL TIMES (place)

	Ram Inv. (9/14)	Fiasco (9/21)	Iona MOC (9/28)	Wagner* (10/22)	A-10s (11/2)	IC4A! (11/15)
Sean Alfano	32:57 (131st)	34:23 (155th)	33:23 (222nd)	19:29 (54th)	----	----
Henock Assefa	27:52 (41st)	27:38 (43rd)	27:55 (95th)	----	27:44.1 (60th)	32:47 (45th)
Matt DiPretore	27:13 (24th)	27:55 (56th)	28:04 (104th)	----	27:22.5 (39th)	32:53 (51st)
Adam Donegan	----	29:59 (115th)	30:49 (200th)	18:20 (41st)	----	----
Juan Estrella	27:05 (22nd)	27:25 (36th)	27:30 (69th)	----	27:43.1 (58th)	32:29 (33rd)
Terrence Gorman	31:46 (119th)	31:37 (135th)	30:48 (199th)	18:07 (35th)	31:24.8 (104th)	----
Mike Henry	28:34 (56th)	28:32 (75th)	28:09 (109th)	----	27:27.8 (46th)	32:57 (54th)
Vincent Keaveny	----	----	31:39 (209th)	----	----	----
Adam (Toby) Lynch	----	26:59 (22nd)	28:39 (136th)	----	27:35.3 (51st)	----
Steven Maheu	27:27 (33rd)	27:33 (39th)	27:53 (93rd)	----	26:58.1 (28th)	32:00 (20th)
John McDermott	30:03 (92nd)	29:46 (108th)	29:30 (170th)	17:41 (27th)	30:16.6 (100th)	----
Keith Roussel	31:06 (109th)	30:52 (130th)	30:23 (185th)	17:49 (30th)	30:07.7 (99th)	----
Martin Tebrake	29:35 (82nd)	30:21 (123rd)	30:09 (183rd)	18:13 (38th)	----	----
Chris Zuckerman	----	----	----	18:18 (40th)	----	----
Team finish	6th/15	4th/12	14th/24		T8th/11	9th/20

* - 5K

! - 10K

